

THE BOTTOM-FEEDER ISSUE

bug appetit

**WHY SETTLE FOR
SLIME
WHEN YOU CAN HAVE
SUBLIME?**

**NEW, FLAVOURFUL TWISTS ON
OLD, DECAYING LEAVES**

**GO AHEAD AND PLAY WITH
YOUR FOOD: FUN AND FAST
MEALS FOR BUSY BUGS
ON THE GO, GO, GO...**

**HOW MUCH FAT
IS IN THAT?
YOUR GUIDE TO NOT
POPPING OUT OF YOUR
EXOSKELETON FROM
HOLIDAY NOSHING**

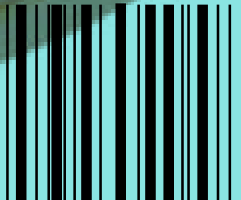
**MACROBIOTIC FOR
MACROINVERTEBRATES
NEW YEAR:
NEW, HEALTHIER YOU!**



January 2016

**SOMETHING FOR EVERYONE—EVEN THOSE
HARD-TO-PLEASE SHREDDERS AND SCRAPERS!**

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www.MerrimackRiver.org

Show your great taste by

treating yourself to the **Twenty-first Annual**

BUG NIGHTS!

Since 1995, volunteers including anglers, students, teachers, paddlers, and many others interested in the health of the Upper Merrimack River and general river ecology began learning about these fascinating creatures and what they tell us about river conditions.

Your work as a citizen scientist helps determine the health of the Upper Merrimack watershed.

Training is free, fun, and a great way to spend quality time with family and friends as well as an opportunity to make new acquaintances.

Be sure to bring your appetite for bugs, denatured alcohol, and funny body part names.

Upper Merrimack Monitoring Program Bug Nights 2016 sessions are held on *most* Wednesdays from late January through mid-May at St. Paul's School.

This year, the doors open at 6:15 PM and we will exit the laboratory promptly at 9:00.

An instructional training and refresher class will be conducted during the first session on January 27, 2016.

Refresher and additional training will be provided at each session.

All equipment and alcohol (denatured preserving alcohol only) are provided—just bring yourself and a friend.

Be sure to check www.MerrimackRiver.org to be sure that we are in session that evening.

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Directions to St. Paul's School from Interstate 93 North: Take I-89 north from Concord to exit 2 to Clinton Street. At the end of the ramp turn right onto Clinton Street. Follow signs and take left onto Langley Parkway. Continue to end to intersection of Pleasant Street (across from Concord Hospital). Turn left onto Pleasant Street. After about half a mile, turn left onto Dunbarton Road at the St. Paul's School sign. Take your first left after the barn (as soon as you enter the grounds) on the left, and use the large lot across from the Lindsay Center for Mathematics and Science, which is across the road. Enter the building at the center door off the small parking lot. The Ecology Lab is Room 123 on the right.

STORM AND OTHER CANCELLATIONS WILL BE POSTED ON MerrimackRiver.org.

Contact Michele Tremblay and Steve Landry at 603.796.2615 or UMRLAC@MerrimackRiver.org or visit MerrimackRiver.org.



We'll see you there!

Upper Merrimack River
Local Advisory Committee
PO Box 3019
Boscawen NH 03303